

## MONTHLY MEETINGS

### VIRTUAL - Monthly Community Business Meeting

Third Saturdays 10:00am to 12:00pm

All members are welcome. (NOT A SHARING MEETING)

Zoom Meeting ID 883 4535 8086 # passcode SDCoda

Gary (760) 215-9060

### HYBRID – KENSINGTON First Sunday each month 5:30pm

Sunday Speaker's Meeting - CA0859 (spk)

Zoom Meeting ID 861 1638 7309# passcode 932 653

Kensington Community Church

4773 Marlborough Dr., San Diego, CA 92116

Email: [sdcodaspeakers@gmail.com](mailto:sdcodaspeakers@gmail.com)

## WEEKLY MEETINGS

### HYBRID – ESCONDIDO Saturday 9:15am

Meeting is Virtual only until January 7<sup>th</sup>, 2023 and NOT meeting In-Person at the church. Temporary.

CoDA Saturday Escondido - CA0137 (s, ss, t)

Zoom Meeting ID 830 3501 4467# passcode 654321

Trinity Episcopal Church

845 Chestnut St, Escondido, CA 92025

Robert sdmanageconstruction@gmail.com

### VIRTUAL – MENIFEE/MURRIETA Saturday 10:00am

Saturday CoDA Book Study - WW651 (sp)

Zoom Meeting ID 497 677 1364# passcode 810735

Will C (714) 867-4660, Jim (951) 972-2829

### VIRTUAL - UNIVERSITY HEIGHTS Saturday 10:00am

Live Easy but Think First - WW707 (s)

Zoom Meeting ID 203 840 5272# passcode 2022Coda

Elliot LiveEasyCoDA@gmail.com

### IN-PERSON - UNIVERSITY HEIGHTS Sunday 11:00am

Sunday Serenity Meeting - CA0857 (sp, ss, t)

4590 Park Blvd, San Diego, CA 92116 (Twiggs Green Rm)

Sharleene (858) 335-7745

### VIRTUAL - UNIVERSITY HEIGHTS Sunday 11:00am

Sunday Serenity Meeting - CA0857 (sp, ss, t)

Zoom Meeting ID 841 9953 0825# passcode serenity

Sharleene (858) 335-7745

### VIRTUAL - KEARNY MESA Sunday 12:30pm

Not Just Beginners - CA0228 (s)

Zoom Meeting ID 823 8169 8345# passcode 838841

Healy (619) 339-3048, Michelle S. (619) 772-0509

## Links to other CoDA websites and information:

Meetings Worldwide [CoDA.org](http://CoDA.org) - Find a Meeting

CoDA International [www.coda.org](http://www.coda.org)

Los Angeles County [www.lacoda.org](http://www.lacoda.org)

Orange County [www.ocoda.org](http://www.ocoda.org)

Southern California [www.socalcoda.org](http://www.socalcoda.org)

Desert Area [www.desertcoda.org](http://www.desertcoda.org)

Grupos En Espanol [www.codaen espanol.org](http://www.codaen espanol.org)

## H&I Volunteer Opportunities in San Diego and Vista Correctional Institutions ~

Currently on Hold

Please Email: [h-i@sdccoda.org](mailto:h-i@sdccoda.org)



## Group Secretaries or GSRs

Please click on the link for your meeting ID and verify your meeting's information at [coda.org/meeting](http://coda.org/meeting), whenever your meeting contact changes, or annually.

## THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request. Being listed on this schedule does not constitute approval of any group's manner of practicing the CoDA program

## Co-Dependents Anonymous of San Diego, CA Meetings Schedule

November 2022 (rev. 11.19.c.jlh)

P.O. Box 720064

San Diego, CA 92172-0064

Meeting Phone Line: (760) 215-9060

[www.sdccoda.org](http://www.sdccoda.org)

Newcomers are welcome at all meetings. If you attend a meeting and it does not meet your needs, please try another.

For San Diego meeting changes and meeting contact information changes, email [meetings@sdccoda.org](mailto:meetings@sdccoda.org)

For CoDA.org, listing of new meeting, registrations, and changes to meetings, email [meetings@coda.org](mailto:meetings@coda.org).

## Meeting Codes

c	Closed - call before coming	sp	Sponsor Available
b	Book Study	spk	Speaker
e	Español	ss	Step Study
m	Men	t	Traditions
s	Sharing	w	Women
LGBTQ +	Lesbian, Gay, Bi, Trans, Queer	wc	Wheelchair Access

To phone into Zoom meetings, please call one of the following phone numbers:

[669.900.6833](tel:669.900.6833)

[720.707.2699](tel:720.707.2699)

[408.638.0968](tel:408.638.0968)

[408.638.0968](tel:408.638.0968)

**VIRTUAL - OCEANSIDE Sunday** 5:00pm  
CoDA "BYOBlue Book" - [WW298](#) (b, all genders)  
[Zoom](#) Meeting ID 295 069 825# passcode 067375  
Erin H. (760) 213-8946

**VIRTUAL - MURRIETA Sunday** 5:45 pm  
CODA Step Meeting - [WW602](#) (ss)  
[Zoom](#) Meeting ID 497 677 1364# passcode 810735  
Darcie (951) 259-5248

**VIRTUAL - CARLSBAD Monday** 6:30pm  
Sisters Set Free Meeting - [CA1457](#) (s, w)  
[Zoom](#) Meeting ID 826 9143 7592# passcode 305066  
Abby (310) 614-7609, Marcy (301) 639-2508

**IN-PERSON - SAN CARLOS/LAKE MURRAY Monday** 6:30pm  
La Mesa Monday Nights - [CA1105](#) (s, sp, t, ss, wc)  
St Dunstan's Episcopal Church  
[6556 Park Ridge, San Diego 92120](#)

**IN-PERSON - CHULA VISTA Monday** 7:00pm  
Serenity Seekers - [CA1289](#) (s)  
St. Johns Episcopal Church  
[760 1st Ave. Chula Vista, CA 91910](#)  
Nancy Y. (619) 787-5748

**IN-PERSON - DEL MAR Monday** 7:00pm  
Del Mar CoDA - [CA0207](#) (ss, wc)  
St. Peters Episcopal Church  
[334 14th Street, Del Mar, CA](#) Bill text (858) 755-1250

**VIRTUAL - SAN DIEGO Monday** 7:30pm  
CoDA Warriors - [WW406](#) (m)  
[Zoom](#) Meeting ID 817 0215 7463# passcode men-only  
Aaron L. 619-807-0869

**VIRTUAL - TEMECULA Tuesday** 12:00pm  
Tuesday Emotional Freedom - [CA1306](#) (s)  
[Zoom](#) Meeting ID 493 811 070# passcode 886872  
Kelly (951) 526-6923

**IN-PERSON - CLAIREMONT Tuesday** 5:30pm  
Loving Support - [CA0037](#) (s, ss, t)  
[2550 Fairfield St, San Diego, CA 92110](#)  
Sharleene (858) 335-7745, Gary (760) 215-9060

**VIRTUAL - CLAIREMONT Tuesday** 5:30pm  
Loving Support - [CA0037](#) (s, ss, t)  
[Zoom](#) Meeting ID 867 1536 0745# passcode 123456  
Sharleene (858) 335-7745, Gary (760) 215-9060

**IN-PERSON - ALLIED GARDENS Wednesday** 9:30am  
Peace Seekers - [CA1428](#) (s)  
[5107 Waring Road, San Diego, CA 92120](#)  
JD (619) 888-2769

**VIRTUAL - ALLIED GARDENS Wednesday**  
Morning Miracles - [WW590](#) (s) 9:30am  
[Zoom](#) Meeting ID 816 1946 9886# passcode recovery  
Miika (619) 646-3127

**VIRTUAL - ESCONDIDO Wednesday** 6:30pm  
Empowerment Through Recovery - [CA1316](#) (s, ss, t)  
[Zoom](#) Meeting ID 284 864 689# passcode 000000  
Gary (760) 215-9060

**IN-PERSON - HILLCREST Wednesday** 7:00pm  
Hillcrest Co-Ed CoDA - [CA1578](#) (s, spk, LGBTQQIAA+)  
Kava Collective  
[1731 University Avenue, San Diego, CA 92103](#)  
Rob (760) 717-7420, Yadim (619) 845-2093

**IN-PERSON - ENCINITAS Wednesday** 7:00pm  
Encinitas Seaside - [CA1277](#) (s)  
Seaside Center for Spiritual Living  
[1613 Lake Drive, Encinitas, CA 92024](#)  
Rose Room (facing Southeast Side). Susan (760) 473-1884

**VIRTUAL - OCEANSIDE Wednesday** 8:00pm  
Steps and Traditions - [WW277](#) (ss, t, w)  
[Zoom](#) Meeting ID 311 441 780# passcode 123321  
Jacque [penning.jacque@gmail.com](mailto:penning.jacque@gmail.com)

**IN-PERSON - OCEANSIDE Thursday** 6:15pm  
Women's Truth & Recovery Meeting - [CA1247](#) (s, w)  
Emmanuel Lutheran Church  
[1900 S. Nevada Street, Oceanside, CA 92054](#)  
Dani (916) 917-7797

**VIRTUAL - SAN DIEGO Thursday** 6:30pm  
Joy in the Journey - [WW700](#) (s)  
[Zoom](#) Meeting ID 821 0275 3564# passcode journey  
Robert (760) 672-2101

**IN-PERSON - MIRA MESA Thursday** 7:00pm  
CoDA For Beginners & Beyond - [CA0220](#) (s, sp, wc)  
Mira Mesa Presbyterian Church (at Reagan Rd)  
[8081 Mira Mesa Blvd, San Diego, CA 92126](#)  
David (858) 997-9810, Brenda B. (619) 381-9322

**IN-PERSON - HILLCREST Thursday** 7:00pm  
A New Freedom: Men's and Male Identifying - [CA1562](#)  
(m, s, ss, t, b, spk, LGBTQQIAA+)  
Kava Collective (Side Room / Gallery Space)  
[1731 University Avenue, San Diego, CA 92103](#)  
Rob (760) 717-7420, Yadim (619) 845-2093

**IN-PERSON - LAKESIDE Friday** 5:30pm  
Lakeside Friday at the Hotel - [CA1579](#) (s, b, t)  
Lakeside Hotel  
9940 River Street [Lakeside, CA 92040](#)  
Cheyanne L. (419) 757-3773

**VIRTUAL - MIRA MESA Friday** 6:00pm  
Mira Mesa Serenity Lifers - [CA0975](#) (s, sp, wc)  
[Zoom](#) Meeting ID 829 3652 9363# passcode 200724  
Bryna (619) 203-5852

**HYBRID - SAN MARCOS Friday** 6:00pm  
Women's Peace & Serenity - [CA1391](#) (w, s, t, ss)  
[Zoom](#) Meeting ID 861 7665 0672# passcode 197218  
Rita (760) 420-7857  
Panorama Teen and Family Resource Center  
[131 Richmar Ave, San Marcos, CA 92069](#)

**VIRTUAL - SANTEE Friday** 7:00pm  
Fresh Air CoDA in Santee - [WW727](#) (s)  
[Zoom](#) Meeting ID 152 410 235# passcode freshair  
Gary (760) 215-9060