

UNIVERSITY HEIGHTS 10:00am to 11:00am
 Live Easy but Think First - CA1307 (wc, s)
 Live and Let Live Alano Club
 1730 Monroe Avenue, San Diego, CA 92116
 Scott 619-318-6575

SDSU AREA 10:15am to 11:45am
 New Freedom Seekers - CA0536 (ss,wc)
 College Lutheran Church
 6650 Montezuma, San Diego, CA 92115
 Nancy 619-787-5748

SOUTH PARK 4:00pm to 5:15pm
 Recovery Outreach - CA1193 (bs,s,sp,ss,t)
 San Diego Alano Club
 1944 30th Street, San Diego, CA, 92102
 Social Gathering/coffee and crosstalk to follow on most
 Saturdays
 Ana 619-244-3683

RAMONA 6:00pm to 7:15pm
 Ramona Beginners - CA1200 (s,ss)
 North Rural Recovery Center
 323 Hunter Street, Ramona, CA 92065
 (corner of Main and Hunter)
 760-788-2513

GRUPOS EN ESPANOL

CHULA VISTA
 Ya no sea Codependente Lunes 6:30pm to 8:30pm
 CA1324 (e,s)
 First Baptist Church, 494 E St., Chula Vista, CA 91910
 Cindy 619-482-6966

Encontrando mi Identidad Martes 6:30pm to 8:30pm
 CA1291 (e,ss,t)
 226 Church Avenue, Chula Vista, CA 91910
 Lety 619-623-7640

Encontrando mi Identidad Jueves 6:30pm to 8:30pm
 CA1290 (e,ss,t)
 226 Church Avenue, Chula Vista, CA 91910
 Lety 619-623-7640

NATIONAL CITY Jueves 6:00pm to 7:30pm
 Buena Conciencia - CA1224 (bs,e,s)
 La Escuelita
 521 West 8th Street, National City, CA 91950
 (cerca de Harbor Dr.)
 Maria 619-366-0159

MONTHLY MEETINGS

KENSINGTON
 Usually First Sundays 6:30pm to 8:15pm
Sunday Speaker's Meeting - CA0859 (spk)
 Kensington Community Church
 4773 Marlborough
 San Diego, CA 92116
 Corner of Alder & Marlborough. In main hall
 sdcodaspeakers@gmail.com Joe 619-203-4466

MIRA MESA
 Third Saturdays 10:00am to 12:00pm
Community Business Meeting (zz) (no sharing)
 Mira Mesa Presbyterian Church
 8081 Mira Mesa Blvd, San Diego, CA 92126
 At Reagan Road. In Main Hall
 c-rep@sdccoda.org

ONLINE / PHONE MEETINGS

http://www.coda.org/ajax_control.php?action=load_translation&language=1
 Then click on the "Online/Phone Meetings" Tab

More about Co-Dependents Anonymous can be found at:

www.coda.org
www.socalcoda.org
www.sdccoda.org
www.lacoda.org
www.occoda.org



**DIRECTORY
 of
 CoDA MEETINGS**

November 2011

**San Diego County CoDA
 P.O. Box 720064
 San Diego, CA 92172-0064
 Info Line: 619-222-1244
 www.sdccoda.org**

THIS DIRECTORY IS CONFIDENTIAL
 CoDA groups are listed at their own request, and listing on this schedule does not constitute approval of any group's manner of practicing the CoDA program. Newcomers are welcome to all meetings. If you attend a meeting which does not meet your needs, please try another one.

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For a recorded message on meeting information, please call 619-222-1244

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Please inform newsletter@sdccoda.org of new meetings or any changes in the day, time, or location of any current meeting. Information must be received no later than the 10th day of the month.

Codes:

c	Closed	bs	Book Study
e	Espanol	sp	Sponsor Available
g	Gay	ss	Step Study
m	Men	wc	Wheelchair Access
s	Sharing	ws	Write/Share
t	Traditions	zz	Business
w	Women	spk	Speaker

SUNDAY

CARLSBAD 9:30am to 11:00am
Women's Serenity Group - CA0152 (s,w)
Directions: Call Lee Ann 760-481-4363

CLAIREMONT 10:30am to 12:00pm
Sunday Serenity Meeting - CA0857 (sp,ss,t)
The Serenity Shop
4736 Clairemont Mesa Blvd, San Diego, CA 92117
France 619-583-7762

KEARNY MESA 12:30pm to 2:00pm
Beginners CoDA - CA0228 (s)
Sharp Mesa Vista Hospital
7850 Vista Hill Ave & Meadowlark, San Diego, CA 92123
Enter through main entrance and ask for directions
at front desk. This meeting does not allow clinic observation
Stephen 619-519-3640

UNIVERSITY HEIGHTS 2:00pm to 3:30pm
Hillcrest/Univ. Hts Sunday Afternoon CoDA (s,wc)
CA1157 (s,wc)
Live & Let Live Alano Club
1730 Monroe Avenue San Diego, CA 92116
Ground Floor, Large Room
Scott 619-318-6575

DOWNTOWN 3:00pm to 4:00pm
Sunday Afternoon Downtown CoDA - CA1243 (s)
St. Vincent De Paul Village
Harvy Mandel Villa, 72 17th Street, San Diego, CA 92101
Main entrance, press buzzer, security will let you in. we
meet the community room
Phoebe 619-886-1837

MONDAY

LA MESA 6:30pm to 8:00pm
La Mesa Monday Nights - CA1105 (s,sp,t,ss,wc)
Alvarado Hospital, Rehabilitation Institute
6645 Alvarado Road, San Diego, CA 92120
3rd Floor . From elevator, turn left to Conference Room
Susie: 619-454-6431

SAN DIEGO 7:00pm to 8:00pm
All Things Considered - CA1293 (s)
Veteran Village of San Diego
4141 Pacific Coast Highway, San Diego, CA 92110
Justin J. 619-497-0142

DEL MAR 7:00pm to 8:30pm
Del Mar CoDA - CA0207 (ss)
St. Peters Episcopal Church
334 14th Street, Del Mar CA 92014
Take 14th or 15th St. to Maiden Ln. to Parish Ln, upper
parking lot.
Jon A. 760-580-6893

CHULA VISTA 7:00pm to 8:15pm
Serenity Seekers—CA1289 (s,m,w)
Church of Joy, 810 Buena Vista Way, Chula Vista CA 91910
Nancy Y 619-565-2907

CLAIREMONT 7:45pm to 9:00pm
Candlelight - CA0405 (s)
The Serenity Shop
4736 Clairemont Mesa Blvd, San Diego, CA 92117
Scott 619-254-5559

TUESDAY

TEMECULA 12:00pm to 1:00pm
Temecula Tuesday Nooners - CA1306
Alano Club
27470 Commerce Center Drive, Temecula, CA 92590
Darcie 951-259-5248

UTC 5:15pm to 6:45pm
Loving Support - CA0037 (s,ss,t,wc)
Mc Donald Center at Scripps Hospital
9896 Genesee Ave, Room B106, La Jolla, CA 92121
Scilla 619-755-8235

IMPERIAL BEACH 6:00pm to 7:00pm
Imperial Beach - CA0849 (bs,wc)
Methodist Church
455 Palm Ave, Imperial Beach, CA 91932
Meet on East side of bldg in basement
Laura 618-267-3781

UNIVERSITY HEIGHTS 8:00pm to 9:15pm
Univ. Hts CoDA Step Study - CA1219 (s,sp,st,wc)
Live and Let Live Alano Club
1730 Monroe Avenue, San Diego, CA 92116
Scott 619-318-6575

WEDNESDAY

ESCONDIDO 6:30pm to 7:45pm
Wednesday Night Empowerment Through Recovery
CA1316 (s,ss,t)
130 S. Fig Street, Escondido, CA 92025
Contact: Karla 760-215-3932

MIRA MESA 7:15pm to 8:45pm
CoDA for Beginners - CA0220 (s,sp)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd, San Diego, CA 92126
(at Reagan Road)
Katie 858-380-8236

THURSDAY

EL CAJON 6:15pm to 7:45pm
East County Friendship Group - CA1262 (bs,s,sp,wc)
Friendship Hall
350 Prescott Avenue Room 4B, El Cajon, CA 92020
Cheri 619-886-7037

CARLSBAD 7:00pm to 8:00pm
Women's Truth and Recovery Meeting - CA1247 (w)
St Michael's By-The-Sea Episcopal Church
2775 Carlsbad Blvd, Carlsbad CA 92008
Room 4 - Office Building
Addie: 760-305-8355

DOWNTOWN 7:00pm to 8:30pm
Thursday Night CoDA - CA1061 (s)
First Lutheran Downtown SD (in library)
3rd Avenue, an Diego, CA 92562
Corner of 3rd and Ash
Tom 619-379-6755

TEMECULA 7:00:pm to 8:30pm
except 2nd Thursday of month 8:00pm to 9:30pm
Living Recovery - CA1239 (bs,s,sp,ss,t)
Alano Club
27470 Commerce Center Drive, Temecula, CA 92590
Darcie 951-259-5248

FRIDAY

MIRA MESA 6:00pm to 7:15pm
Mira Mesa Serenity Lifers - CA0975 (s,p)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd. San Diego, CA 92126
(at Reagan Rd)
Robin 858-733-2396

ENCINITAS 7:00pm to 8:00pm
Encinitas Seaside - CA1277 (s)
Seaside Center for Spiritual Living
1613 Lake Drive , Encinitas CA 92024
Quimby Room (facing Lake Drive)
Karen 760-942-9716

SATURDAY

ESCONDIDO 9:00am to 10:30am
Escondido Saturday - CA0137 (s,ss)
Trinity Episcopal Church
845 Chestnut Street Escondido, CA 92025
(in the library)
Karla 760-215-3932