

SATURDAY

ESCONDIDO 9:00am to 10:30am
 Escondido Saturday - CA0137 (s, ss)
 Trinity Episcopal Church (in the library)
 845 Chestnut Street, Escondido, CA 92025
 Kathy (858) 748-1874

UNIVERSITY HEIGHTS 10:00am to 11:00am
 Live Easy but Think First - CA1307 (wc, s)
 Live and Let Live Alano Club
 1730 Monroe Avenue, San Diego, CA 92116
 Scott J. (619) 208-1412

KENSINGTON 10:30am to 12:00pm
 New Freedom Seekers - CA0536 (ss, wc)
Kensington Community Church
 4773 Marlborough, San Diego, CA 92116
 Enter through the 1st Door in Back Alley, In the Youth Hall
 Scott (619) 254-5559

MENIFEE 10:00am to 11:30am
 Saturday CoDA Book Study - CA1354 (sp, wc)
 St. Stephen Episcopal Church
 26704 Murrieta Road, Menifee, CA 92065
 Mary D (951) 514-6418 mmdempsey@aol.com

GRUPOS EN ESPAÑOL

www.codaespanol.org
www.codaenespanol.org

Para más informes, escriba a espanol@coda.org o
 marque (888) 444-2379. Deje un mensaje y se le
 devolverá la llamada.

CHULA VISTA
 Ya no sea Codependente Jueves 6:30pm to 8:30pm
 CA1324 (e, s)
 First Baptist Church, 494 E St., Chula Vista, CA 91910
 Cindy (619) 482-6966

Encontrando mi Identidad
 Martes & Jueves 6:30pm to 8:30pm
 CA1291 (e, ss, t)
 226 Church Avenue, Chula Vista, CA 91910
 Lety (619) 623-7640

MONTHLY MEETINGS

KENSINGTON
 First Sundays 6:30pm to 8:15pm
Sunday Speaker's Meeting - CA0859 (spk)
 Kensington Community Church
 4773 Marlborough
 San Diego, CA 92116
 Corner of Alder & Marlborough In main hall
sdccodaspeakers@gmail.com

MIRA MESA
 Third Saturdays 10:00am to 12:00pm
Community Business Meeting (zz)
All members are welcome
 Mira Mesa Presbyterian Church
 8081 Mira Mesa Blvd, San Diego, CA 92126
 At Reagan Road in Main Hall
 c-rep@sdccoda.org *Literature available, order
 online or at the meeting*
<http://www.sdccoda.org/community/literature.php>

**H&I Volunteer Opportunities in San Diego
 and Vista Correctional Intuitions.**
Contact: h-i@sdccoda.org

CoDA does offer Alternative Format Meetings,
 which include meetings by telephone and online
 meetings (email, chat, and video chat).
www.coda.org

Links to Other Co-Dependents Anonymous' Area Sites:
www.socalcoda.org – **Southern California**
www.occoda.org – **Orange County**
www.lacoda.org – **Los Angeles County**
www.desertcoda.org – **Desert Area**



February 2017
 Rev. 01202017 rev 4

**Co-Dependents Anonymous of San Diego
 MEETING SCHEDULE**

**P.O. Box 720064
 San Diego, CA 92172-0064**

Meeting phone Line: 619-222-1244

www.sdccoda.org

THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request, and listing on
 this schedule does not constitute approval of any group's
 manner of practicing the CoDA program. Newcomers are
 welcome to all meetings. If you attend a meeting and it
 does not meet your needs, please try another one.

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For San Diego meeting changes:
 Email newsletter@sdccoda.org. Please note this is only
 for the San Diego Meeting Schedule and phone list.

For Meeting Registration
 changes: Contact
www.coda.org

Meeting Codes:

c	Closed- call before coming	bs	Book Study
e	Español	sp	Sponsor Available
g	Gay	ss	Step Study
m	Men	wc	Wheelchair Access
s	Sharing	ws	Write/Share
t	Traditions	zz	Business
w	Women	spk	Speaker

SUNDAY

CITY HIEGHTS 3:30pm to 4:30pm
Stepping Stone CoDA Book Study- CA1431 (sp, ss, t)
Stepping Stone, Conf rm, 3767 Central Ave.
San Diego, CA 92105 Tim lifemakesnoise@icloud.com

CLAIREMONT 10:30am to 12:00pm
Sunday Serenity Meeting - CA0857 (sp, ss, t)
The Serenity Shop, 4736 Clairemont Mesa Blvd.
San Diego, CA 92117 Steve (619)770-9379

KEARNY MESA 12:30pm to 2:00pm
Beginners CoDA - CA0228 (s, c)
Sharp Mesa Vista Hospital, 7850 Vista Hill Ave &
Meadowlark, San Diego, CA 92123
Enter through East Parking lot on Meadowlark Dr.
Professionals and clinical observers not permitted.
Michelle S (619) 589-2434

UNIVERSITY HEIGHTS 2:00pm to 3:15pm
Hillcrest/Univ. Hts, .Sunday Afternoon
Live & Let Live Alano Club CoDA CA1157 (s, wc, g)
1730 Monroe Avenue, San Diego, CA 92116
Ground Floor, Large Room - Scott (619) 208-1412

TEMECULA 3:00 pm to 4:30pm
The Sunday Group - CA1365 (s)
Alano Club, 27470 Commerce Center Drive,
Temecula, CA 92590 Darcie (951) 259-5248

MONDAY

SAN CARLOS / LAKE MURRAY 6:30pm to 8:00pm
La Mesa Monday Nights - CA1105 (s, sp, t, ss, wc)
St. Dunstan's Episcopal Church, 6556 Park Ridge
Boulevard, San Diego, CA 92120
Craig (619)368-8433

SAN DIEGO 7:00pm to 8:00pm
All Things Considered - CA1293 (s)
Veteran Village of San Diego 4141 Pacific Coast Highway,
San Diego, CA 92110 Justin J. (619) 497-0142

DEL MAR 7:00pm to 8:30pm
Del Mar CoDA - CA0207 (ss, wc)
St. Peters Episcopal Church - Youth Room
334 14th Street, Del Mar, CA 92014
Take 14th St. to Maiden Ln to Parish Ln, upper lot.
Jon (760) 580-0133

CHULA VISTA 7:00pm to 8:15pm
Serenity Seekers—CA1289 (s, m, w)
Church of Joy, 810 Buena Vista Way, Chula Vista CA 91910
Nancy Y. (619) 565-2907
(see next page)

(MONDAY continued)

CLAIREMONT 7:45pm to 9:00pm
Candlelight - CA0405 (s)
The Serenity Shop, 4736 Clairemont Mesa Blvd.,
San Diego, CA 92117, Scott (619) 254-5559

CARLSBAD 6:45pm to 7:45pm
Women's Mon Night Meeting
CA1457 – (w)
Pilgrim's Church
2020 Chestnut Ave., Carlsbad, CA 92008
Please park in lot on Monroe St.
Kelly S 818-730-6981

TUESDAY

TEMECULA 12:00pm to 1:30pm
Tuesday Noon - CA1306
Alano Club 27470 Commerce Center Drive,
Temecula, CA 92590, Darcie (951) 259-5248

SORRENTO MESA 5:30pm to 7:00pm
Loving Support - CA0037 (s, ss, t)
Scripps Drug and Rehabilitation Center
11720 El Camino Real, Suite 200 San Diego, CA 92121
Parking is on the lower garage, Take elevator to 2nd floor
Laura T. (858)735-9888

UNIVERSITY HEIGHTS 8:00pm to 9:15pm
Univ. Hts. CoDA Step Study-CA1219 (s, sp, st, wc,g)
Live and Let Live Alano Club, 1730 Monroe Avenue,
San Diego, CA 92116, Scott J. (619) 208-1412
Parking available at bank parking lot across street.

WEDNESDAY

ALLIED GARDENS 9:30am to 10:45am
Miracles CA1428 (s, ss)
5107 Waring Rd. San Diego, CA 92120
Tina 619-957-3071

ESCONDIDO 6:30pm to 7:45pm
Wed Night Empowerment through Recovery CA1316 (s, ss, t)
795 N Rose St., Escondido, CA 92025 Gary (760) 215-9060

MIRA MESA 7:15pm to 8:45pm
CoDA for Beginners - CA0220 (s, sp, wc)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd., San Diego, CA 92126 (at Reagan Rd)
Robin L. (858) 733-2396

THURSDAY

LA MESA-NEW 6:30pm to 8:00pm
Reflection and Meditation - CA1262 (bs, s, sp, wc)
La Mesa First United Methodist Church
4690 Palm Ave., La Mesa, CA 91941
Enter gate on Palm Ave. to small labyrinth courtyard on the
corner of Lemon & Palm. Meeting is UPSTAIRS.
Lesa (619) 244-2289

OCEANSIDE-NEW 6:45pm to 8:15pm
Women's Truth and Recovery Meeting - CA1247 (w)
Grace Full Gospel Ministries
1702 S. Ditmar Street, Oceanside, CA 92008
Delores (760) 450-2060

TEMECULA 7:00 pm to 8:30pm
Living Recovery - CA1239 (bs, s, sp, ss, t)
Alano Club
27470 Commerce Center Drive, Temecula, CA 92590
Darcie (951) 259-5248

FRIDAY

MIRA MESA 6:00pm to 7:15pm
Mira Mesa Serenity Lifers - CA0975 (s, sp, wc)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd., San Diego, CA 92126 (at Reagan Rd)
Catherine (858) 204-1974

SAN MARCOS 6:00pm to 7:15pm
Women's Peace & Serenity – CA1391 (w, s, t, ss)
Panorama Teen and Family Center
131 Richmar Avenue, San Marcos, CA 92069
(next to San Marcos Senior Center and the Fire Station)
Rita at 760-420-7857

ENCINITAS 7:00pm to 8:00pm
Encinitas Seaside - CA1277 (s)
Seaside Center for Spiritual Living
1613 Lake Drive, Encinitas, CA 92024
Quimby Room (facing Lake Drive) – Susan (760) 944-6101

DOWNTOWN 7:00pm to 8:30pm
Friday Night CoDA - CA1061 (s)
First Lutheran Downtown SD (in library)
1420 3rd Ave @ Ash, San Diego, CA 92101
Tom (619) 379-6755

SANTEE -NEW 7:00pm to 8:00pm
Step by Step Serenity and Beyond – (CA 1463)
8790 Cuyamaca Street, Suite D Santee, CA 92071
Robin (619) 867 – 3993 or Rachel (619) 433-8027