



San Diego County CoDA Meeting Schedule Updated June 19th, 2010

www.sdccoda.org 619.222.1244

KEY - **bs**=book study; **c**=closed; **e**=espanol; **g**=gay; **m**=mens; **s**=sharing; **spk**=speaker; **sp**=sponsors available; **ss**=step study; **t**=traditions; **w**=women; **wc**=wheel chair access; **ws**=write/share; **zz**=business



<u>Day</u>	<u>Start</u>	<u>End</u>	<u>Key</u>	<u>Mtg #</u>	<u>Group Name, Location and Contact Information</u>
Sunday					
Carlsbad	9:30am	11:00am	s,w	CA0152	Women's Serenity Group - Directions, call Lee Ann-760.481.4363
Clairemont	10:30am	12:00pm	sp,ss,t	CA0857	Sunday Serenity Meeting - The Serenity Shop, 4736 Clairemont Mesa Blvd. SD, 92117; Bonnie-858.353.4175
Kearny Mesa	12:30pm	2:00pm	s	CA0228	Beginners CoDA - Sharp Mesa Vista Hospital, 7850 Vista Hill Avenue & Meadowlark, SD 92123 Jackie-858.437.2251 Enter through Sharp Mesa Vista main entrance; ask for directions at front desk
Univ. Hts.	2:00pm	3:00pm	s,wc	CA1157	Hillcrest/Univ. Heights Sunday Afternoon CoDA - Live & Let Live Alano Club, 1730 Monroe Ave., 92116 Ground Floor, large room; Scott-619.318.6575
Downtown	3:00pm	4:00pm	s	CA1243	Sunday Afternoon Downtown CoDA St. Vincent De Paul Village, Harvey Mandel Villa, 72 17th St., San Diego, 92101 Main entrance, press buzzer, security will let you in. We meet in the community room; Phoebe-619.886.1837
Monday					
La Mesa	6:30pm	8:00pm	s,sp,t	CA1105	La Mesa Monday Nights - Alvarado Parkway Institute, 7050 Parkway Drive, La Mesa, CA 91942 Toni- 619.301.8952
Del Mar	7:00pm	8:30pm	ss	CA0207	Del Mar CoDA - St. Peters Episcopal Church 334 14th Street, Del Mar, CA 92014 Take 14th or 15th St. to Maiden Ln to Parish Lane, upper parking lot; Jon A 760.580.6893
Chula Vista	7:00pm	8:15pm	s,wc	CA1289	Serenity Seekers - Joy Church 810 Buena Vista Way, Chula Vista, CA 91910; Nancy-619.565.2907
Clairemont	7:45pm	9:00pm	s	CA0405	Candle Light - The Serenity Shop 4736 Clairemont Mesa Blvd. SD,92117; David-619.890.5168
Tuesday					
UTC	5:15pm	6:45pm	s,ss,t,wc	CA0037	Loving Support - McDonald Center at Scripps Hospital 9896 Genesee Avenue, Rm B 106, La Jolla; Csilla-619.665.7301
Imp. Beach	6:00pm	7:00pm	bs,wc	CA0849	Imperial Beach -Methodist Church, 455 Palm Ave Meet on East side of bldg in basement; Laura-619.267.3781
Univ. Hts.	8:00pm	9:00pm	s,sp,st,wc	CA1219	Univ. Hts. CoDA Step Study - Live and Let Live Alano Club, 1730 Monroe Ave, SD, CA 92116; Scott-619.318.6575
Wednesday - Miércoles					
Chula Vista	6:30pm	8:30pm	e	CA1132	San Diego Unidos en Recuperacion - 345 5th Ave., Chula Vista, 91910, entre Calle "F" y Park; Daniel-619.420.9006
Mira Mesa	7:00pm	8:30pm	s,sp	CA0220	CoDA for Beginners - Mira Mesa Presbyterian Church, 8081 Mira Mesa Blvd), SD 92126 Sarah-619.838.7089 (At Reagan Road)

For a recorded message for meeting information in San Diego County, please call 619.222.1244

To update the local San Diego County meeting schedule, please email newsletter@sdccoda.org

<u>Day</u>	<u>Start</u>	<u>End</u>	<u>Key</u>	<u>Mtg #</u>	<u>Group Name, Location and Contact Information</u>
Thursday - Jueves					
National City	6:00pm	7:30pm	bs,e,s,	CA1224	East Buena Conciencia- La Escuelita, 521 West 8th Street (Near Harbor Dr.), National City,91950 Maria-619.366.0159
El Cajon	6:15pm	7:45pm	bs,s,sp,wc	CA1262	East County Friendship Group - Friendship Hall, 350 Prescott Ave, El Cajon, 92020 Rm 4B Cheri-619.886.7037
Downtown	7:00pm	8:30pm	s	CA1061	Thursday Night CoDA - First Lutheran Downtown SD, 3rd Avenue and Ash, SD 92101, (in Library); Tom-619.379.6755
Temecula	7:00pm	8:30pm	bs,s,sp,ss,t	CA1239	Living Recovery - Temecula Sounds, 41607 Enterprise Circle North, Temecula, CA 92562; I15 - West on Winchester, RT on Enterprise Circle North; Darcie-951.696.6726 ddunlop@inspan.com

Friday					
Mira Mesa	5:45pm	7:00pm	s,p	CA0975	Mira Mesa Serenity Lifers - Mira Mesa Presbyterian Church, 8081 Mira Mesa Blvd, SD 92126; (At Reagan Road) Robin-858.733.2396
Encinitas	7:30pm	8:30pm	s	CA1277	Encinitas Seaside - Seaside Center for Spiritual Living, 1613 Lake Dr, Encinitas next to Cardiff Sports Park Meets in Cardiff North Building in lot behind the church Karen-760.942.9716

Saturday					
Carlsbad	8:30am	10:00am	w	CA1247	Women's Truth and Recovery Meeting - Carlsbad Community Church, Room #26, 3174 Harding St. Enter on Harding Street, go to stairway next to office, go upstairs to Room #26. Look for CoDA signs; Eve-760.519.4040
Escondido	9:00am	10:45am	s,ss	CA0137	Escondido Saturday - Trinity Episcopal Church, 845 Chestnut Street, in the Library; Karla-760.215.3932
SDSU area	10:15am	11:45am	ss,w,wc	CA0536	New Freedom Seekers - College Lutheran Church, 6650 Montezuma San Diego, CA 92115; Nancy-619.787.5748
South Park	4:00pm	5:15pm	bs,s,sp,ss,t	CA1193	Recovery Outreach - San Diego Alano Club, 1944 30th St. Social gathering/coffee and crosstalk to follow on most Saturdays; Ana-619.244.3683
Ramona	6:30pm	7:30pm	s,ss	CA1200	Ramona Beginners - North Rural Recovery Ctr, 323 Hunter Street; corner of Main and Hunter, 92065; 760.788.2513
Kensington	6:30pm	7:30pm	s	CA1080	Rebel Yell - Kensington Community Church, 4773 Marlborough @ Alder in Youth Hall

Monthly Speaker Meeting - Usually the First Sunday of every month

Kensington	6:30pm	8:15pm	spk	CA0859	Meets Monthly Sunday Speaker's Meeting; Kensington Community Church, 4773 Marlborough, SD 92116 corner of Alder & Marlborough) In Main Hall sdcodaspeakers@gmail.com Karla-760.215.3932 The next 2010 Speaker meetings are July 11 th , August 1 st and September 5 th .
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Monthly Community Meeting (business only, not a sharing meeting)

Mira Mesa	10:00am	12:00pm	zz		Community Business Meeting - Mira Mesa Presbyterian Church, 8081 Mira Mesa Blvd, SD 92126; (At Reagan Road) c-rep@sdccoda.org The next 2010 Community meetings are July 17 th , August 21 st and September 18 th .
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On-line / Phone Meetings

http://www.coda.org/ajax_control.php?action=load_translation&language=1 then click on the "Online/Phone Meetings" Tab

More about Co-Dependents Anonymous can be found at: www.coda.org www.socalcoda.org www.sdccoda.org www.lacoda.org www.occcoda.org