

SATURDAY

ESCONDIDO 9:00am to 10:30am
CoDA Saturday Escondido - CA0137 (s, ss, t)
Trinity Episcopal Church (in the library)
845 Chestnut Street, Escondido, CA 92025
Nicole (619) 733-6425

UNIVERSITY HEIGHTS 10:00am to 11:00am
Live Easy but Think First - CA1307 (wc, s)
Live and Let Live Alano Club
1730 Monroe Avenue, San Diego, CA 92116
Scott J. (619) 208-1412

KENSINGTON 10:30am to 12:00pm
New Freedom Seekers - CA0536 (ss, wc)
Kensington Community Church
4773 Marlborough, San Diego, CA 92116
Enter through the 1st door in back alley, in the Youth Hall.
Scott (619) 254-5559

MENIFEE 10:00am to 11:30am
Saturday CoDA Book Study - CA1354 (sp, wc)
St. Stephen Episcopal Church
26704 Murrieta Road, Menifee, CA 92065
Mary D. (951) 514-6418 mmdempsey@aol.com

GRUPOS EN ESPAÑOL

www.codaespanol.org
www.codaen espanol.org

Para más informes, escriba a espanol@coda.org o marque
888 444-2379. Deje un mensaje y se le devolverá la llamada.

CHULA VISTA Jueves 6:30pm to 8:30pm
Ya no sea Codependente - CA1324 (e, s)
First Baptist Church, 494 E St, Chula Vista, CA 91910
Cindy (619) 482-6966

CHULA VISTA Martes & Jueves 6:30pm to 8:30pm
Encontrando mi Identidad - CA1291 (e, ss, t)
226 Church Avenue, Chula Vista, CA 91910
Lety (619) 623-7640

MONTHLY MEETINGS

KENSINGTON First Sundays 5:30pm to 7:15pm
Sunday Speaker's Meeting - CA0859 (spk)
Kensington Community Church
4773 Marlborough, San Diego, CA 92116
Corner of Alder & Marlborough in the main hall.
sdcodaspeakers@gmail.com

MIRA MESA

Community Business Meeting
Third Saturdays 10:00am to 12:00pm
All members are welcome.
Mira Mesa Presbyterian Church, 8081 Mira Mesa
Blvd, San Diego, CA 92126. Corner of Reagan Rd;
enter parking lot from Berwyn Rd. email [c-
rep@sdccoda.org](mailto:c-rep@sdccoda.org). **Literature is available at this
meeting—groups please order online in
advance:**
<http://www.sdccoda.org/community/literature.php>

**H&I Volunteer Opportunities in San Diego
and Vista Correctional Intuitions.**
Contact Email: h-i@sdccoda.org

CoDA offers **Alternative Format Meetings**,
which include meetings by telephone and
online (email, chat, video chat) www.coda.org

Links to other CoDA websites:

CoDA International www.coda.org
Los Angeles County www.lacoda.org
Orange County www.occoda.org
Southern California www.socalcoda.org
Desert Area www.desertcoda.org



Co-Dependents Anonymous of San Diego, CA CoDA Meeting Schedule January 2018

P.O. Box 720064
San Diego, CA 92172-0064
Meeting phone Line: 619-222-1244
www.sdccoda.org

THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request. Being
listed on this schedule does not constitute approval of
any group's manner of practicing the CoDA program.

Newcomers are welcome at all meetings.
If you attend a meeting and it does not
meet your needs, please try another.

For San Diego Meeting Schedule and meeting contact
information changes email newsletter@sdccoda.org.
For Meeting Registration: www.coda.org

Meetings Worldwide: CoDA Meeting Locator

Meeting Codes:

c	Closed - call before coming	bs	Book Study
e	Español	sp	Sponsor Available
g	Gay	ss	Step Study
m	Men	wc	Wheelchair Access
s	Sharing	ws	Write/Share
t	Traditions	zz	Business
w	Women	spk	Speaker

SUNDAY

CLAIREMONT 10:30am to 12:00pm
Sunday Serenity Meeting - CA0857 (sp, ss, t)
The Serenity Shop, 4736 Clairemont Mesa Blvd,
San Diego, CA 92117 - Steve (619) 770-9379

KEARNY MESA 12:30pm to 2:00pm
Not Just Beginners - CA0228 (s, c)
Sharp Mesa Vista Hospital
7850 Vista Hill Ave, San Diego, CA 92123
Enter through East Parking lot on Meadowlark Dr.
Professionals and clinical observers not permitted.
Michelle S. (619) 772-0509

UNIVERSITY HEIGHTS 2:00pm to 3:15pm
Hillcrest/Univ. Hts., Sunday Afternoon - CA1157 (s, wc, g)
Live & Let Live Alano Club
1730 Monroe Avenue, San Diego, CA 92116
Ground Floor, Large Room - Scott (619) 208-1412

TEMECULA 3:00 pm to 4:30pm
The Sunday Group - CA1365 (s)
Alano Club, 27470 Commerce Center Drive,
Temecula, CA 92590 - Darcie (951) 259-5248

MONDAY

SAN CARLOS / LAKE MURRAY 6:30pm to 8:00pm
La Mesa Monday Nights - CA1105 (s, sp, t, ss, wc)
St. Dunstan's Episcopal Church, 6556 Park Ridge Boulevard,
San Diego, CA 92120 - Craig (619) 368-8433

SAN DIEGO 7:00pm to 8:00pm
All Things Considered - CA1293 (s)
Veteran Village of San Diego, 4141 Pacific Coast Highway,
San Diego, CA 92110 - Justin J. (619) 497-0142

DEL MAR 7:00pm to 8:00pm
Del Mar CoDA - CA0207 (ss, wc)
St. Peters Episcopal Church - Youth Room
334 14th Street, Del Mar, CA 92014
Take 14th St to Maiden Ln to Parish Ln, park in upper lot.
Bill B. (858) 755-1250

CHULA VISTA 7:00pm to 8:15pm
Serenity Seekers - CA1289 (s, m, w)
Church of Joy
810 Buena Vista Way, Chula Vista CA, 91910
Nancy Y. (619) 565-2907

(MONDAY continued)

CLAIREMONT 8:00pm to 9:15pm
Candlelight - CA0405 (s)
The Serenity Shop
4736 Clairemont Mesa Blvd, San Diego, CA 92117
Scott (619) 254-5559

CARLSBAD 6:45pm to 7:45pm
Women's Monday Night Meeting - CA1475 (w)
Pilgrim's Church, 2020 Chestnut Ave, Carlsbad, CA 92008
Please park in the lot on Monroe St.
Kelly S. (818) 730-6981

TUESDAY

CLAIREMONT 5:30pm to 7:00pm
Loving Support - CA0037 (s, ss, t)
Clairemont Lutheran Church
4271 Clairemont Mesa Blvd, San Diego, CA 92121
Laura T. (858) 735-9888

TEMECULA 12:00pm to 1:30pm
Tuesday Noon - CA1306
Alano Club, 27470 Commerce Center Drive,
Temecula, CA 92590 - Darcie (951) 259-5248

UNIVERSITY HEIGHTS 8:00pm to 9:15pm
Univ. Hts. CoDA Step Study - CA1219 (s, sp, st, wc, g)
Live and Let Live Alano Club
1730 Monroe Avenue, San Diego, CA 92116
Parking is available at bank parking lot across the street.
Scott J. (619) 208-1412

WEDNESDAY

ALLIED GARDENS 9:30am to 10:45am
Miracles - CA1428 (s, ss)
5107 Waring Rd, San Diego, CA 92120
Tina (619) 957-3071

ESCONDIDO 6:30pm to 7:45pm
Wed Night Empowerment through Recovery - CA1316 (s, ss, t)
795 N Rose St, Escondido, CA 92025 (at Mission & Rose)
Gary (760) 215-9060

MIRA MESA 7:15pm to 8:45pm
CoDA for Beginners - CA0220 (s, sp, wc)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd, San Diego, CA 92126 (at Reagan Rd)
Robin L. (858) 733-2396

THURSDAY

LA MESA 6:30pm to 8:00pm
Reflection and Meditation - CA1262 (bs, s, sp, wc)
La Mesa First United Methodist Church
4690 Palm Ave, La Mesa, CA 91941
Enter gate on Palm Ave to small labyrinth courtyard on the
corner of Lemon & Palm. Meeting is UPSTAIRS.
Lesa (619) 244-2289

OCEANSIDE 6:45pm to 8:15pm
Women's Truth and Recovery Meeting - CA1247 (w)
Grace Full Gospel Ministries
1702 S Ditmar St, Oceanside, CA 92008
Erin (760) 445-1231

TEMECULA 7:00pm to 8:30pm
Living Recovery - CA1239 (bs, s, sp, ss, t)
Alano Club
27470 Commerce Center Drive, Temecula, CA 92590
Darcie (951) 259-5248

FRIDAY

MIRA MESA 6:00pm to 7:15pm
Mira Mesa Serenity Lifers - CA0975 (s, sp, wc)
Mira Mesa Presbyterian Church
8081 Mira Mesa Blvd, San Diego, CA 92126 (at Reagan Rd)
Catherine (858) 204-1974

SAN MARCOS 6:00pm to 7:15pm
Women's Peace & Serenity - CA1391 (w, s, t, ss)
Panorama Teen and Family Center
131 Richmar Avenue, San Marcos, CA 92069
Next to San Marcos Senior Center and the Fire Station.
Rita (760) 420-7857

ENCINITAS 7:00pm to 8:00pm
Encinitas Seaside - CA1277 (s)
Seaside Center for Spiritual Living
1613 Lake Drive, Encinitas, CA 92024
Quimby Room (facing Lake Drive)
Susan (760) 944-6101

SANTEE 7:00pm to 8:00pm
Step by Step Serenity and Beyond - CA1463
8790 Cuyamaca Street, Suite D, Santee, CA 92071
Gary (760) 215-9060 and Julie (619) 654-6044